

It is a form of Hebrew poetry where two verses say the exact same thing in two different ways!

Here is this week's key verse:

And the LORD spoke to Moses, saying, "Now on the tenth day of this seventh month is the Day of Atonement. It shall be for you a time of holy convocation, and you shall afflict (H6031) yourselves (H5315) and present a food offering to the LORD¹

Here is the parallelism in Isaiah 58 that teaches us what the phrase "afflict yourself" means:

Why have we **fasted**, and **you see it not?**

Why have we **humbled ourselves**, and **you take no knowledge of it?**

Behold, in the day of your fast you seek your own pleasure, and oppress all your workers.²

Do you see how the first two sentences are worded the same but the words humbled ourselves are substituted for fasted and "you take no knowledge of it" is substituted for "you see it not?"

Well, the Strong's numbers for "Humbled" is H6031 and for "ourselves" is H5315 – the exact same as in Leviticus 23:27. That means they share the same root word and in this case the change is just from singular to plural!

This means that afflicted = humbled = fasting, just like "you see it not" = "you take no knowledge of it."

¹ *The Holy Bible: English Standard Version*. (2001). (Le 23:26–27). Wheaton: Standard Bible Society.

² *The Holy Bible: English Standard Version*. (2001). (Is 58:3). Wheaton: Standard Bible Society.

